



SIR SYED COLLEGE

NCC



ACTIVITY REGISTER

2023 -24

INTERNATIONAL YOGA DAY

National Cadet Corps Report 2023-24: Fostering Leadership and Social Responsibility

Promoting Sustainability and Awareness:

- **International Yoga Day (June 21st, 2023):** Cadets participated in celebrating the benefits of yoga for physical and mental well-being.
- **"Seeds of Change " Initiative (June 23rd, 2023):** Collaborating with farmers at Ezhom Kaippad fields, cadets learned sustainable farming practices and contributed to local agricultural efforts.
- **Moon Day & Chandrayan Quiz (July 7th, 2023):** Engaging in a quiz competition, cadets enhanced their knowledge of space exploration and India's achievements in it.

Enhancing Skills and Knowledge:

- **Inter Collegiate Badminton Competition (August 18th, 2023):** This event fostered a spirit of healthy competition and sportsmanship among participating cadets.
- **G20 Summit Awareness Seminar (September 23rd, 2023):** Dr. Shareefa Noufina provided insights into the significance of the G20 and its global impact.

Empowering and Serving the Community:

- **Menstrual Hygiene Awareness Session (October 2nd, 2023):** Major Neethu Nash Theophilus conducted an informative session for girl cadets, promoting menstrual hygiene management practices.
- **World Food Day Food Distribution (October 6th, 2023):** Demonstrating compassion, cadets distributed food packets to underprivileged members of the community on World Food Day.
- **Pol-App Launch and Training (December 7th, 2023):** Participating in the launch of the Pol-App, cadets gained valuable information about Kerala Police's new initiative.
- **Flag Day Commemoration (December 12th, 2023):** The NCC paid tribute to fallen soldiers, honoring their sacrifice for the nation.

Building National Unity and Recognition:

- **Ek Bharat Shreshtha Bharat Camp (December 23rd, 2023 - January 3rd, 2024):** This 12-day camp fostered cultural exchange and national integration between 150 cadets from Gujarat and 450 cadets from Kerala & Lakshadweep.

- **Under Officer Yadukrishna Jilesh in Republic Day Parade (January 26th, 2024):** Yadukrishna Jilesh's participation in the prestigious Republic Day parade brought immense pride to the NCC unit.

Environmental Responsibility and Public Health:

- **Mangrove Planting (January 13th, 2024):** Partnering with the Department of Botany, cadets actively contributed to environmental conservation by planting mangroves at Narath.
- **Blood Donation Drive (February 16th, 2024):** In collaboration with the District Hospital Blood Bank, the NCC organized a successful blood donation drive, collecting 60 units of blood.
- **Free Eye Check-Up Camp (February 22nd, 2024):** Partnering with Netrajothi Eye Hospital, the NCC facilitated a free eye check-up camp, benefitting 396 individuals.

NATIONAL CADET CORPS
REPORT 2023-24

- International Yoga Day was celebrated on 21 June 2023.
- Cadets sowed seeds along with the farmers at Ezhom Kaippad fields on 23 June 2023. They were given a master class on Kaippad farming by Dr. Vanaja, Professor & Scientist, Kerala Agricultural University.
- A quiz was conducted on 7 July 2023 to celebrate and spread awareness among the students about Moon Day & Chandrayan.
- Conducted Inter Collegiate Badminton competition on 18 Aug 2023.
- A seminar on G20 was conducted to create awareness among the cadets on the importance of the G20 summit on 23 Sep 2023. Dr. Shareefa Noufina, Assistant Professor, Keyi Sahib Training College, was the Resource Person.
- A class on menstrual hygiene was given to the girl cadets on 2 Oct 2023 by Major Neethu Nash Theophilus, Nursing Officer INS Navjeevani, Naval Academy.
- Food packets were distributed to the homeless on 1 World Food Day, 6 Oct 2023
- Cadets participated in the launch and training of the Pol - App (Portal of Kerala Police) at Taliparamba Town Square on 07 Dec 2023.
- Flag Day was celebrated on 12 Dec 2023 to commemorate the memory of the soldiers who laid down their life for the nation. Sir Syed College manager, Adv. P Mahmood inaugurated the function.
- Conducted Ek Bharat Shreshtha Bharat Camp from 23 Dec 2023 to 3 Jan 2024. 150 cadets from Gujarat and 450 cadets from Kerala & Lakshadweep Directorate participated in the camp. The 12 day camp was inaugurated by Commander Jai Kishor Kumar. The closing ceremony was attended by Assistant Collector Anoop Garg IAS.
- Under Officer Yadukrishna Jilesh participated in the Republic Day parade at Delhi.
- Cadets participated in mangrove planting at Narath in association with the Department of Botany on 13 Jan 2024.
- A reception was held to felicitate the achievement of Yadukrishna Jilesh on 12 Feb 2024.
- Blood donation drive conducted in association with Blood Bank, District Hospital, Kannur on 16 Feb 2024. 60 units of blood were collected.
- Free Eye Check-Up Camp was conducted in association with Netrajothi Eye Hospital on 22 Feb 2024. 396 people benefitted from the camp.



- JUNE 21, 2022.
- 55 cadets participated.
- All cadets visited the Ayush Ministry website and took the yoga day pledge.

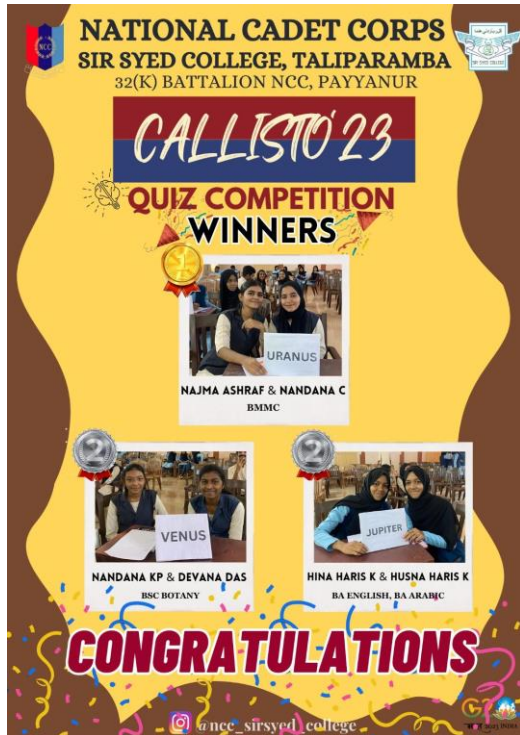
"SEEDS OF CHANGE " INITIATIVE



- JUNE 19, 2023.
- 24 cadets participated.
- Cadets collaborated with farmers at Ezhom *kaipad* fields in sowing seeds.
- Cadets were given a master class on the uniqueness and importance of *kaipad* farming by Dr. Vanaja, Professor & Scientist, Kerala Agricultural University.

- They learned sustainable farming practices and contributed to local agricultural efforts.

MOON DAY & CHANDRAYAN QUIZ



- July 7, 2023.
- Dr. Binumol Kuriakos, Head of the Dept of Physics, delivered a lecture on India's prestigious Chandrayan Project.
- A quiz (for the entire college) on Moon Day was conducted.
- The quiz helped cadets enhance their knowledge of space exploration and India's achievements in it.

- Winners were Najme Ashraf & Nandana C of BMMC Department.
- First Prize winners were awarded Rs. 1000 and second prize Rs. 800 cash awards.

INTER COLLEGIATE BADMINTON COMPETITION



- August 8, 2023.
- Cadets from other colleges under 32 (K) NCC Battalion competed.

- Competitions were held in both SW Singles & Doubles and SD Singles & Doubles categories.
- Group Commander, Brig. Patra was the Chief Guest.
- Sir Syed College won the Overall Championship Rolling Trophy.
- This event fostered a spirit of healthy competition and sportsmanship among participating cadets.

INDEPENDANCE DAY

G20 SUMMIT AWARENESS SEMINAR



- September 23, 2023.
- Dr. Ismail Olayikkara, Principal Sir Syed College inaugurated the seminar.
- Dr. Tajo Abraham, IQAC Coordinator offered felicitations.

- Dr. Shareefa Noufina, Assistant Professor, Department of Economics, Keyi Sahib Training College was the resource person.
- The seminar provided insights into the significance of the G20 and its global impact to the cadets.

MENSTRUAL HYGIENE AWARENESS SESSION



- October 10, 2023.
- Major Neethu Nash Theophilus conducted an informative session for girl cadets, promoting menstrual hygiene management practices.

WORLD FOOD DAY FOOD DISTRIBUTION



- October 6, 2023.
- Demonstrating compassion, cadets distributed food packets to underprivileged members of the community on World Food Day.

POL-APP LAUNCH AND TRAINING



- October 6, 2023.
- Pol-App is an app launched by Kerala Police to give the public easy access to all police services.
- Cadets organized a street play at Taliparamba Bus Stand for educating the public about the app.
- Cadets also gained valuable information about Kerala Police's new initiative.

FLAG DAY COMMEMORATION



- November 12, 2023.
- Sir Syed College Manager, Adv. P Mahamood inaugurated the fund collection for the Flag Day.

EK BHARAT SHRESHTHA BHARAT CAMP



- December 23rd, 2023 - January 3rd, 2024.
- Commander Jai Kishore Kumar, Deputy Director, Indian Naval academy, Ezhimala was the Chief Guest.
- Colonel C Sajeendran, Camp Commandant , Advocate P Mahmood , Manager, Sir Syed College, Dr. Ismail Olayikkara, Principal, Sir Syed College attended the inaugural function.

- 450 Cadets of Kerala & Lakshadweep and 150 cadets of Gujarat directorate participated.
- Training included visit to culturally and historically important places like Bekal fort, Naval Academy, Parassinikadavu etc
- Cadets attended Theyyam performance
- Classes on law, defence, fire fighting, mangroves, medicinal plants of Kerala, snake bite, first aid were given.
- Video of the EBSB camp
[:https://drive.google.com/file/d/1PpuUkNXvreQOQ2kd93hHNK3MOlys_wLG/view?usp=drivesdk](https://drive.google.com/file/d/1PpuUkNXvreQOQ2kd93hHNK3MOlys_wLG/view?usp=drivesdk)

REPUBLIC DAY

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MANGROVE PLANTING



- January 13th, 2024
- Planted 500 mangrove saplings at Narath backwaters.

BLOOD DONATION DRIVE



- February 16th, 2024.
- Was done in collaboration with the Kannur District Hospital Blood Bank.

- Dr. Ismail Olayikkara, Principal, Sir Syed College inaugurated the drive by donating blood
- 60 units of blood were collected.
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FREE EYE CHECK-UP CAMP



- February 22nd, 2024.
- Partnering with Netrajothi Eye Hospital, the NCC units facilitated a free eye check-up camp.
- The camp benefitted 396 individuals.

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